

# ABOUT CENTRAL BUCKS SWIM TEAM - USAS

CBST-USAS was established in 2005 to foster an elite level of competitive swimming within the Central Bucks area. We are dedicated to creating opportunities for our athletes to attain their goals and reach higher standards through attention to technique and a proper training regimen. The team is usually over 100 swimmers strong, including swimmers ranging from intermediate level athletes as young as nine years old to Junior National, Senior National, and Olympic Trials competitors.

CBST-USAS is part of the Middle Atlantic LSC (local swim committee), also known as MA Swimming, which is a member LSC of USA Swimming. Our programs are part of Central Bucks Aquatics, a program managed by the Community School of the Central Bucks School District which also provides [swim lessons](#) and [swim and dive clinics](#).

As a result of the successes of our most elite swimmers, CBST has achieved the Silver level (2017) and Bronze level (2018) of the USA Swimming Club Excellence Program.



CBST has been granted Level 2 status in the Club Recognition Program. The program acknowledges clubs which take steps to identify and communicate goals, establish a strong volunteer base, and maintain a solid financial plan. Click [here](#) for more information.



For more details about CBST-USAS please click [here](#).