

**2025 Middle Atlantic Junior Champs
Winter (SCY)**

Qualifying Time Standards

| 11-12 Girls | | | 11-12 Boys | | | |
|-------------|----------|----------|------------|----------|----------|----------|
| LCM | SCM | SCY | Events | SCY | SCM | LCM |
| 31.69 | 30.89 | 27.79 | 50 Free | 27.29 | 30.29 | 31.69 |
| 1:08.29 | 1:06.99 | 1:00.29 | 100 Free | 59.99 | 1:06.59 | 1:08.29 |
| 2:27.79 | 2:26.29 | 2:11.79 | 200 Free | 2:11.79 | 2:26.29 | 2:27.79 |
| 5:13.69 | 5:07.29 | 5:51.39 | 500 Free | 5:51.99 | 5:07.79 | 5:14.19 |
| 10:56.09 | 10:43.29 | 12:15.09 | 1000 Free | 12:07.59 | 10:36.59 | 10:49.39 |
| 21:10.89 | 20:46.79 | 20:45.89 | 1650 Free | 20:30.99 | 20:40.79 | 20:46.09 |
| 36.89 | 35.89 | 32.29 | 50 Back | 32.29 | 35.89 | 36.99 |
| 1:17.79 | 1:16.59 | 1:08.99 | 100 Back | 1:08.99 | 1:16.59 | 1:18.59 |
| 2:48.69 | 2:42.99 | 2:26.79 | 200 Back | 2:29.99 | 2:46.49 | 2:51.39 |
| 42.09 | 40.49 | 36.49 | 50 Breast | 35.99 | 39.99 | 40.99 |
| 1:31.09 | 1:27.59 | 1:18.89 | 100 Breast | 1:19.09 | 1:27.79 | 1:31.09 |
| 3:14.99 | 3:10.99 | 2:51.99 | 200 Breast | 2:52.69 | 3:11.69 | 3:15.69 |
| 34.59 | 33.89 | 30.49 | 50 Fly | 29.99 | 33.29 | 34.99 |
| 1:18.59 | 1:16.59 | 1:08.99 | 100 Fly | 1:08.89 | 1:16.49 | 1:18.59 |
| 3:04.99 | 3:01.49 | 2:43.49 | 200 Fly | 2:43.49 | 3:01.49 | 2:56.39 |
| NA | 1:17.69 | 1:09.99 | 100 IM | 1:08.69 | 1:16.29 | NA |
| 2:48.69 | 2:46.49 | 2:29.99 | 200 IM | 2:29.99 | 2:46.49 | 2:49.99 |
| 6:07.19 | 5:58.96 | 5:23.39 | 400 IM | 5:23.99 | 5:59.69 | 6:08.19 |
| 13-14 Girls | | | 13-14 Boys | | | |
| LCM | SCM | SCY | Events | SCY | SCM | LCM |
| 29.69 | 28.89 | 25.99 | 50 Free | 24.09 | 26.79 | 27.89 |
| 1:03.79 | 1:02.89 | 56.59 | 100 Free | 52.59 | 58.39 | 1:00.19 |
| 2:21.39 | 2:18.19 | 2:03.49 | 200 Free | 1:56.09 | 2:08.89 | 2:11.89 |
| 4:54.49 | 4:48.09 | 5:29.89 | 500 Free | 5:12.09 | 4:32.19 | 4:40.89 |
| 10:12.19 | 9:59.39 | 11:25.89 | 1000 Free | 11:04.99 | 9:40.69 | 9:54.99 |
| 19:37.59 | 19:18.39 | 19:19.19 | 1650 Free | 18:34.49 | 18:32.79 | 18:56.49 |
| 1:13.79 | 1:10.59 | 1:03.59 | 100 Back | 59.69 | 1:06.29 | 1:09.59 |
| 2:36.89 | 2:33.69 | 2:18.39 | 200 Back | 2:10.89 | 2:25.29 | 2:30.99 |
| 1:23.09 | 1:21.49 | 1:13.39 | 100 Breast | 1:07.19 | 1:14.59 | 1:19.09 |
| 2:59.99 | 2:57.89 | 2:40.19 | 200 Breast | 2:28.29 | 2:44.59 | 2:50.69 |
| 1:12.09 | 1:10.09 | 1:03.09 | 100 Fly | 58.69 | 1:05.19 | 1:07.89 |
| 2:44.09 | 2:40.69 | 2:24.89 | 200 Fly | 2:17.19 | 2:32.29 | 2:36.09 |
| 2:38.49 | 2:34.29 | 2:18.99 | 200 IM | 2:10.99 | 2:25.39 | 2:30.69 |
| 5:39.69 | 5:29.79 | 4:57.09 | 400 IM | 4:44.59 | 5:15.89 | 5:28.19 |