

**CBST SPRING FEVER**  
**FEBRUARY 1-2, 2025**

<b>MEET HOST</b>	CENTRAL BUCKS SWIM TEAM		
<b>SANCTION</b>	Held under the sanction of USA Swimming and Middle Atlantic Swimming. <b>Sanction #</b> MA 2509 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
<b>MEET DIRECTOR</b>	HEATHER YIM & MATT SCANLAN	<b>E-MAIL:</b> heayim@cbsd.org	<b>PHONE:</b> 267-893-5709
<b>LOCATION</b>	<b>Pool name</b> CENTRAL BUCKS SOUTH HIGH SCHOOL <b>Street address</b> 1100 Folly Road <b>City, state and zip</b> WARRINGTON, PA 18976 <b>Day of meet ONLY emergency phone</b> 267-337-0041		
<b>FACILITY DESCRIPTION</b>	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado 6 timing system with a 8 line scoreboard and 9 lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for max 280 and spectator seating for max 500. A 20 Yard Diving Well will be available for Warm-up and Warm-down during the meet. Parking Plenty Hospitality Lunch for Coaches. Lunch and light breakfast for officials. Snack bar YES		
<b>WATER DEPTH</b>	The depth of the water at the start end of the pool is 5 feet and at the turn end is 7 feet.		
<b>EVENTS</b>	This meet will be conducted in accordance with the attached schedule of events.		
<b>ENTRIES OPEN</b>	NOVEMBER 4, 2024		
<b>ENTRY DEADLINE</b>	JANUARY 17, 2025 at 11:59 PM		
<b>ENTRY FEES</b>	Individual Events: <b>\$10.00</b>	Pre-Paid Spectator Admission Fee <b>\$10.00</b> per swimmer	
<b>ENTRY LIMITS</b>	5 Individual Events per day (excluding relays).	n/a Relays per day	<b>MEET ENTRY LIMIT:</b> 10
<b>ELIGIBILITY</b>	All entrants must be registered members of USA Swimming. Age <b>as of the first day of the meet</b> determines eligibility. This meet is open to ALL 9 AND OLDER USA swimming registered swimmers.		
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>• The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>• Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded after conversion . NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted.</li> <li>• Entries must be submitted electronically in a format compatible with Hy-Tek 8.0 meet management software.</li> <li>• All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information</li> <li>• Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's <a href="#">TM Lite</a> for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found <a href="#">here</a>.</li> <li>• <b>FINAL</b> entry payments and any necessary reports must be mailed or e-mailed to the entry chair by January 17, 2025. Entry fees are non-refundable and non-transferable. Please put the meet name in the memo section of the team check. Include <a href="#">Meet Entry Summary</a> with payment.</li> </ul>		
<b>MEET ENTRY CHAIR</b>	HEATHER YIM	<b>PHONE #:</b> 267-893-5709 (no calls before 9:00 AM or after 9:00 PM)	
<b>E-MAIL ENTRY FILES TO</b>	HEAYIM@CBSD.ORG. PLEASE PUT YOUR TEAM NAME AND MEET NAME IN THE SUBJECT LINE OF YOUR EMAIL (EXAMPLE: NITRO-CBST SPRING FEVER)		
<b>MAIL CHECKS/ REPORTS</b>	CENTRAL BUCKS COMMUNITY SCHOOL-AQUATICS 16 WELDEN DRIVE, DOYLESTOWN, PA 18901		
<b>CHECKS PAYABLE TO</b>	CENTRAL BUCKS COMMUNITY SCHOOL-AQUATICS		
<b>OPERATIONAL RISK DIRECTOR</b>	JENNIFER STEINBERG	<b>E-MAIL:</b> jsteinberg@cbsd.org	<b>PHONE:</b> 267-893-5704
<b>OFFICIALS CONTACT</b>	LARRY SCHWARZ/ROBERTA LICHTER ALL USA CERTIFIED OFFICIALS AND TRAINEES ARE INVITED TO OFFICIATE AT THIS MEET.	<b>E-MAIL:</b> rlichter@cbsd.org Please sign up at: <a href="https://www.signupgenius.com/go/4090F4FA CA623A3F49-50305196-2025">https://www.signupgenius.com/go/4090F4FA CA623A3F49-50305196-2025</a>	<b>PHONE:</b> 267-893-5709

**Session 1**  
Saturday, February 1, 2025

GIRLS	EVENT	BOYS
1	9-10 100 IM	2
3	11-12 100 IM	4
5	9-10 50 Freestyle	6
7	11-12 50 Freestyle	8
9	9-12 200 Breaststroke	10
11	9-10 100 Butterfly	12
13	11-12 100 Butterfly	14
15	9-10 50 Breaststroke	16
17	11-12 50 Breaststroke	18
19	9-12 200 Freestyle	20
21	9-10 100 Backstroke	22
23	11-12 100 Backstroke	24

**Session 2**  
Saturday, February 1, 2025

GIRLS	EVENT	BOYS
25	Open 500 Freestyle	26
27	13 & Over 200 IM	28
29	13 & Over 100 Backstroke	30
31	13 & Over 200 Butterfly	32
33	13 & Over 100 Freestyle	34
35	13 & Over 200 Breaststroke	36

**Session 3**  
Sunday, February 2, 2025

GIRLS	EVENT	BOYS
37	9-10 100 Freestyle	38
39	11-12 100 Freestyle	40
41	9-12 200 Butterfly	42
43	9-10 50 Backstroke	44
45	11-12 50 Backstroke	46
47	9-12 200 IM	48
49	9-10 50 Butterfly	50
51	11-12 50 Butterfly	52
53	9-12 200 Backstroke	54
55	9-10 100 Breaststroke	56
57	11-12 100 Breaststroke	58

**Session 4**  
 Sunday, February 2, 2025

GIRLS	EVENT	BOYS
59	Open 400 IM	60
61	13 & Over 200 Freestyle	62
63	13 & Over 100 Breaststroke	64
65	13 & Over 100 Butterfly	66
67	13 & Over 50 Freestyle	68
69	13 & Over 200 Backstroke	70
<b>DECK ENTRIES</b>	Deck Entries <input type="checkbox"/> will not be accepted <input checked="" type="checkbox"/> will be accepted at this meet subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$15 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director at the Score Table for deck entry cards. Deck entry cards and payment must be taken to the scoretable during the first 30-minute of warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.	
<b>PROOF OF TIMES</b>	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic	
<b>SEEDING</b>	<p>This meet will be Deck-seeded with the exception of the event(s) noted below.            Events will be seeded slowest to fastest.</p> <p>Scratch Procedures for non-distance events: Each team will receive an entry list for each session. Coaches should pick up their entry list at the Coach's Check-In table where they get their deck pass, located in the hallway outside of the pool. All scratch sheets must be turned in to the computer operator 30 minutes after the start of warm-up. Swimmers that are present and swimming all events should have lines through their names. Swimmers that are being scratched from the entire session should have their name circled with "SCR" next to the circle. Swimmers scratching a single event should have just the event number circled with "SCR" next to the circle. Please use a simple line, not a scribble, so that the name can still be read. Swimmers who fail to scratch will not be penalized if they do not swim in an event.</p> <p>Scratch procedures for distance events - 400IM and 500 Freestyle (events 25,26,59,60)            Positive Check-In Required. Swimmers must indicate that they will be swimming. Positive check-in will close 30 minutes after the start of warm-up for the appropriate session. Failure to check in will result in a scratch. Positive check in sheets are located at the official's table. Swimmers who fail to scratch and do not compete are subject to disqualification from the next event.</p>	
<b>AWARDS</b>	<p>Award categories are based on entry times. For example, a swimmer entered into an event with an "A" time or above is eligible to receive an "A" award. A swimmer entered into the meet with a "BB" time is eligible to receive a "BB" award. Swimmers entered into the meet with a time below "BB" or as "no time" will be eligible to receive a "C" award.</p> <p>Awards will be provided for 12 and under events only. No awards for any ages in Sessions 2 and 4.. Deck entered swims are not eligible for awards. In 12 and under mixed aged events separate awards will be given by age group.</p> <p>"A" Awards:            Medals 1st to 3rd            Ribbons 4th to 8th</p> <p>"B" Awards:            Rosettes 1st            Ribbons 2nd to 8th</p> <p>"C" Awards:            Ribbons 1st to 8th</p>	
<b>SCORING</b>	n/a	
<b>PROGRAMS AND ADMISSION</b>	Programs/heat sheets will be sold by <input type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is included in the per swimmer spectator fee. Children under admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.	
<b>MISCELLANEOUS</b>	Meet Programs will be posted in the hallways outside of the pool area as well as upstairs in the balcony area. Due to the meet being deck-seeded the programs will not be posted until the beginning of each session. The meet is also available on Meet Mobile.	

	<p>Day of meet Weather and/or Emergency Changes: Go to <a href="http://www.cbsd.org">www.cbsd.org</a> Click on the Aquatics Programs link in the District Links section. Click on the Weather Cancellations link on the left hand side of the page. If possible weather cancellation information will also be posted on the CBST team website (<a href="http://www.cbswimanddive.com">www.cbswimanddive.com</a>) in a pop-up. Watch email closer to meet day for the best way to find out about cancellations/changes..</p> <p>Results will be:          Posted in the hallway during the meet          Available on Meet Mobile          Posted on the Middle Atlantic website, <a href="http://www.maswim.org">www.maswim.org</a> after the meet</p> <p>Fly-over starts will be used at this meet. All swimmers (except for backstroke starts) should be prepared to remain in the water at the completion of their race until the next heat has begun.</p> <p>CBST reserves the right to change the session timing based on entry volume. The team contact who sent in the entry file will be notified of any changes via email shortly after the entry deadline.</p> <p>Gender-neutral bathroom and changing room options can be made available at CB South high school. Should an athlete wish to use these facilities, the athlete or the athlete's parent/guardian should contact the CB Aquatics manager, Roberta Lichter, ahead of time to make arrangements for access at <a href="mailto:rlichter@cbsd.org">rlichter@cbsd.org</a></p>
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SESSION	WARM-UP TIMES	MEET STARTS
1: Saturday AM	7:30 AM	8:30 AM
2: Saturday PM	No earlier than 12:30 PM	No earlier than 1:30PM
3: Sunday AM	7:30 AM	8:30 AM
4: Sunday PM	No earlier than 12:30 PM	No earlier than 1:30PM
<b>WARM-UP INFORMATION</b>	<p>USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.</p> <p>Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.</p> <p>Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules</p>	
<b>COVID-19 MEDICAL SUPERVISION AVAILABLE</b>	<p>First aid kit (with CPR masks), Defibrillator, Ice, Water, Lifeguards-2 lifeguards will be on duty for the duration of the swim meet, Safety/Emergency Instructions and Signage Posted on Pool Deck</p>	
<b>ATHLETE PROTECTION (MAAPP)</b>	<p>All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Protection Policy ("MAAPP"), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition.</p>	
<b>DECK PRIVILEGES</b>	<p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. A (non-removable) identification band must be provided to and worn by each non-athlete member of USA Swimming, including coaches and officials, that is on-deck at a sanctioned meet; such identification band shall be issued following a review of that individual's membership/certification credentials and personal photo ID. A new identification band shall be issued for each day of such meet, and the credentials/photo ID must be re-checked if a replacement ID is issued.</p> <p>Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally, these swimmers must register a contact person with the meet director. This information should be submitted with the entries.</p>	
<b>TECH SUIT POLICY</b>	<p>102.8 SWIMWEAR .1 Design F. No Technical Suit may be worn by any 12 &amp; Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p>	

<b>RACING START CERTIFICATION</b>	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>QUALIFYING TIMES</b>	Qualifying Times (if applicable) are shown on the attached Meet Structure
<b>MEET/DECK REFEREE</b>	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the course of the meet.
<b>MEET MARSHALS</b>	Meet Marshals have full authority through the Meet Referee & Operational Risk Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.
<b>RULES:</b>	<p>This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>
<b>DISABLED SWIMMERS</b>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
<b>PROTESTS</b>	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator
<b>PHOTOGRAPHY</b>	<p><b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b></p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e., cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>
<b>DRONES</b>	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming.
<b>DECK CHANGING</b>	Deck changes are prohibited.
<b>DIRECTIONS</b>	From 611N - Make a left onto Bristol Rd. At the 1st light make a left onto Folly Rd. The school is on your right. From 611 S - Make a right onto Bristol Rd. and then follow the directions above.
<b>ACCOMMODATIONS</b>	Hampton Inn Doylestown, 1570 Easton Road, (215) 343-8400